

Case Study



Bruce Wayne

80lb Shephard, Palm Desert, CA

Background:

Bruce was adopted at 14 weeks in poor condition with tapeworm, chronic ear issues, severe itching, and dry skin. Multiple raw diets and Cytopoint injections provided temporary relief but failed to resolve the underlying yeast and gut imbalance.

Objective:

Rebuild gut integrity, eliminate chronic yeast and inflammation, restore skin and coat health, and discontinue pharmaceutical dependency.

Restorative Diet Protocol:

- Phase 1 (Days 1–30): 100% raw milk diet to reset digestion and initiate detox.
- Phase 2 (Months 2–8): 50/50 raw milk and meat with targeted herbal and probiotic support.
- Phase 3 (Months 8–12): Added digestive enzymes and vitamin support to address absorption issues.
- Phase 4 (Months 12–15): Transitioned to long-term diet of 90% meat with continued restorative support foods.

Supportive Measures:

- Topical support during detox: salt baths and protective pajamas to reduce itch triggers
- Behavioral and nervous-system support using calming herbal blends
- Restricted exposure to chlorinated water and high-energy physical exertion during intensive healing periods

Challenges:

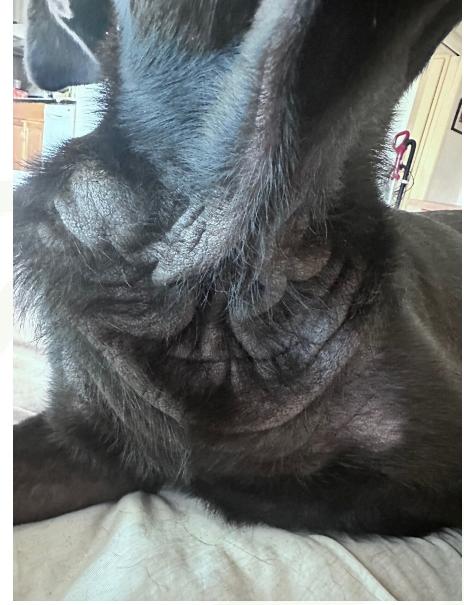
Bruce experienced significant detoxification responses, including pronounced fur loss, skin eruptions, odor, and increased itching during yeast die-off periods. Mid-journey, he exhibited concerning weight loss despite high caloric intake, later attributed to impaired nutrient absorption. Adjustments to his protocol, including enzyme therapy and targeted nutrient support, successfully corrected this issue and catalyzed his recovery.

Successful Outcomes:

- Complete resolution of chronic itching and yeast-driven skin disease
- Full, healthy coat regrowth with strong skin integrity
- Restored gut health and normalized digestion
- Improved energy, comfort, and quality of life
- Permanent discontinuation of Cytopoint, kibble, and conventional medications

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The top row of images above are from the first 3-6 months of Bruce Wayne's journey. The bottom row of images are from the 9th-15th months. Bruce Wayne's story shows the importance and result of dedicated perseverance - deep rooted problems are often very hard to overcome, but, because of the patience and long term perspective of his guardian, his health issues fully resolved and he is truly well.