

# “MY DOG IS ALWAYS HUNGRY- WHAT DO I DO?”

By Chelsea Kent

While the stomach capacity of a 42lb child (average 5.5-year-old child) is 11oz. This is equivalent to 5 slices of Pizza Hut Thin & Crispy Pepperoni Pizza.

The stomach capacity of a 42lb dog is 64oz. This is equivalent to 29 slices of Pizza Hut Thin & Crispy Pepperoni Pizza at a time. Below is a summary of how much you would have to feed your dog per day to make him feel full.

	Ounces/ Cup	Calories per cup	Calories per 64oz fed 2x/day	How much is that?	Calories in excess of necessity	Cost to feed per month	Cost to feed correctly
<b>Pizza Hut Thin &amp; Crispy Pepperoni Pizza</b>	2.2oz/ Slice	200kcal/ Slice	11,636kcal	58 Slices	14.5 x more	\$2,178/mo	\$149.80/mo
<b>Carna4 Duck</b>	3.3oz	525kcal	20,364kcal	39 cups/day	25.5x more	\$1,430/mo	\$56.78/mo
<b>Hills W/D</b>	2.9oz	255kcal	11,256kcal	44 cups/day	14.1x more	\$739/mo	\$52.65/mo
<b>Solutions Pork</b>	8oz	560kcal	8,960kcal	8 tubes/day	10.7x more	\$TBDmo	\$TBD/mo

<b>Auntie's Kitchen Veggie Base Blend</b>	1.75oz	121kcal	8,850kcal	73 cups/day	11x more	\$6,838/mo	\$628.57/mo
<b>OC Raw Rabbit</b>	8oz	298kcal	2,384kcal	16 patties/day	6x more	\$2,404/mo	\$406.19/mo
<b>Broccoli</b>	3.2oz	31kcal	1,240kcal	40 cups/day	1.6x more	\$636/mo	\$263.87/mo

As you can see, if you feed your dog to capacity (enough that you no longer have to complain that he “acts hungry all the time”) you will:

- **Cause metabolic disease by overfeeding.** If you fed only broccoli you would only exceed your dogs daily caloric intake needs by 35.5% but you would cause severe nutritional deficiencies. If you fed only OC Raw Rabbit (which is low calorie and high volume) you would still exceed your dogs daily caloric intake needs by nearly 3 times what is necessary. Metabolic diseases such as Cancer, Diabetes and Obesity occur when you overfeed.
- **Cause severe diarrhea or bloat.** By allowing your dog to eat until they're full you increase the risk of severe diarrhea or bloat. Bloat is when the stomach flips over, resulting in either death or a need for surgery. (Also, your dog would likely get bad gas)
- **Spend massively more than you need to.** On the low end you'd spend \$372 more than necessary per month. On the high end (of this chart) you'd spend \$6,209.43/mo more than necessary.

If you are attempting to increase the volume of your pet's food without causing metabolic injury, death, or breaking the bank, feed raw + broccoli. As you can see, raw food and broccoli provides greater volume with less calories. Additionally, with a commercially available raw food you will not have to concern yourself with nutritional deficiencies. Here is a comparison of how Solutions Pork + Broccoli can more effectively fill your dog up vs Carna4 Duck + Broccoli.

Solutions Pork + Broccoli (800 kcal)	3.5oz Solutions + 5oz Broccoli	Carna4 Duck + Broccoli (800kcal)	1.5oz of Carna4 + 4.4oz Broccoli
	= 8.5oz/meal = \$131.60/mo		= 5.9oz/meal = \$80.06/mo